

City of Mountain View **Community Services Department Recreation Division** www.mountainview.gov



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For Information in Russian, pleas call (650)903-6145	e
如果你是山景城的居民,需要更多的	—— 中文

## **Program Holidays\***

资料,请打电话650-903-6145 转3号分机

Monday, September 6 - Labor Day Thursday, November 11 - Veteran's Day Thursday, November 25 - Thanksgiving Friday, November 26 - Day After Thanksgiving Friday, December 24 through Friday, December 31 (Christmas & New Years Holiday Observed)

\* Lap Swim hours may vary; refer to page 10.

### Parks Make Life Better!™

Have you asked yourself, how do parks make my life better? An extensive research study sponsored by the California Park & Recreation Society (CPRS), a nonprofit public interest organization, asked California citizens and public officials "Why are parks important to you?"

Overwhelmingly, survey respondents value parks and recreation as an essential community service. Virtually every California household (98%) reported visiting a park during the past year. As a result, research findings demonstrate parks and recreation make life better now and in the future by providing:

- Access to the serenity and inspiration of nature.
- · Outdoor space to play and exercise.
- Facilities for personal and organized recreation.
- · Positive alternatives for youth which help lower crime and mischief.
- Activities that facilitate social connections, human development, therapy, the arts and lifelong learning.

In short, parks and recreation services make Californians' lives better!

### **Developmental Assets Key**

Positive Identity

= Support

= Empowerment

= Positive Values

g = Commitment to Learning = Boundaries & Expectations

Parks, and recreational events are held at parks, provide Gathering Places for the community to share experiences and good times. The City of Mountain View Community Services Department

invites you to:

• Join friends and neighbors at community events such as the Halloween Monster Bash and Holiday Tree Lighting.

- · Take time for a walk on Stevens Creek Trail.
- Visit the Senior Center and enjoy the wonderful crafts at the Holiday Bazaar.

### **Rengstorff Park Master Plan**

Help us make Rengstorff Park better by participating in the Master Plan process. You can add your ideas to the long range vision for Rengstorff Park. Please attend one of the community meetings listed below. Translation services and childcare will be provided.

- Wednesday, September 22, 2010 6:30 p.m. at the Mountain View Community Center OR
- Friday, September 24, 2010 6:30 p.m. at the Mountain View Senior Center

For more information on the Rengstorff Park Master Planning process, please contact the Public Works Department at 650-903-6311.

### **Ohlone Day at Deer Hollow Farm**

October 16, 2010 1:00 p.m. to 4:00 p.m. \$5 per person / Children under 2 years - FREE!



Step into the daily lives of the original Bay Area inhabitants, the Ohlone, who lived here for thousands of years. The replica underground sweathouse and Tule shade and sleeping structures will be open, and trained docents will provide short talks on how the Ohlone lived.

Many hands-on activities will teach the skills essential to daily Ohlone survival such as acorn grinding, cooking with hot rocks, shell-drilling, and rope-making. There will be games, face painting, and music. Popular traditional Ohlone games for children will be the hoop and spear game and staves toss.

Festival highlights are the fire-starting and archery demonstrations by Keith Gutierrez, a former long-time lead teacher at Deer Hollow. Skilled flint-knapping and tool-crafting artisans David Dewey and Dick Baugh will demonstrate how to make hand-crafted Ohlone tools.

Deer Hollow Farm is located in Rancho San Antonio County Park. Ohlone Day is an annual fund-raiser hosted by Friends of Deer Hollow Farm, a 501(c)(3) nonprofit organization supporting the Farm's environmental education program. For more information, www.fodhf.org.

## Deer Hollow Farm School Year Registration 2010-11

Tuesday, September 14, 2010 3:15 p.m.

Community Center, 201 South Rengstorff Avenue

The Deer Hollow Farm environmental education program is starting this fall! Classes are offered to elementary school classes and community groups from October through May. The following classes are available: Farm and Garden (Kindergarten), Fleece and Milk (1st grade), Life Sciences Hike (2nd grade and older), Ohlone Habitat (3rd grade) and Ohlone Village (4th grade and older). The class fee varies by school location. For more information, call Deer Hollow Farm at (650) 903-6430 or visit www.mountainview.gov.

## **Community Services Agency**

204 Stierlin Road (650) 968-0836

The Community Services Agency offers an Emergency Assistance Program that provides: one-time financial assistance with rent; one-time financial assistance with PG&E bills; Food and Nutrition Center (supplemental food program open Monday through Friday); backpacks and school supplies; dental and vision care (including eyeglasses) for uninsured children; holiday bags and toy distribution; medical prescription assistance for uninsured children and adults; and fee waivers.

Drop-in hours:
Wednesdays
9:00 to 11:00 a.m. and 1:30 to 3:00 p.m.

Appointments:

Mondays, Tuesdays, Thursdays: 10:00 to 11:00 a.m. & 1:30 to 3:00 p.m.

Fridays: 1:30 to 3:00 p.m.

### **Monster Bash**

Saturday, October 30, 2010 5:00 p.m. to 8:00 p.m. Community Center, 201 South Rengstorff Avenue

Come celebrate Halloween with your family friends and neighbors at the Mountain View Monster Bash! We will be featuring an outdoor movie appropriate for all ages, Halloween crafts, and refreshments. There will be a costume parade at 5:30 p.m. and the movie will begin at 6:00 p.m. All are invited to attend this FREE family event.



### **Community Tree Lighting Celebration**

Monday, December 6, 2010 5:30 p.m. to 7:30 p.m. Civic Center Plaza, 500 Castro Street

Celebrate the holidays with friends and family at the Mountain View Tree Lighting Celebration. Enjoy live holiday music, refreshments, lights and the arrival of Santa Claus. Children can visit and have their picture taken with Santa at this free event. In the spirit of the season, guests are encouraged to bring a can of food to help build the giving tree, to benefit the Community Services Agency.



### **Move to Wellness Festival**



Sunday, September 26, 2010 1:00 p.m. to 4:00 p.m. Rengstorff Park

- Free for the community!
   Activities for kids and seniors
  - Exercise demos
  - Health screenings
  - Insurance Sign-ups

For more information, including a schedule of events, please visit www.movetowellness.org.

Presented by El Camino YMCA and: City of Mountain View, Kaiser Permanente, El Camino Hospital, Lucile Packerd Children's Hospital and Children's Health Initiative - Santa Clara County.

### **Parks and Recreation Commission**

Gary Griffith (Chair), Thida Cornes (Vice Chair), Hugh Donagher III, Paul Donahue and Ed Mussman II.

The Parks and Recreation Commission meets the second Wednesday of the month at 7:00 p.m. at the Mountain View Senior Center, 266 Escuela Avenue.

**Upcoming meeting dates**: September 8, October 13, and November 10.

### **Recreation Class Financial Assistance Program (FAP)**

The City provides eligible, low-income Mountain View residents limited financial assistance to register for recreation classes and to enjoy the benefits of recreation. In order to qualify, applicants must be a Mountain View resident and qualify through the Community Services Agency (CSA) screening process (subject to Santa Clara County HUD guidelines). The original CSA Financial Assistance Form must be submitted each year at the first time of registration for recreation classes. Upon eligibility, recipients will be allowed to register for a maximum of \$400 or \$800 worth of classes.

- A \$6 fee shall be charged for each withdrawal and transfer.
- Withdrawals made less than 14 days prior to the start date of a class will have double the cost of the class subtracted from the customer's FAP allocation. No amount will be returned to the remaining FAP balance once it has been applied towards class registration, unless the class is cancelled by the Recreation Division.
- Requests for Transfers, if space is available, MUST be made no less than (7) calendar days before the first day of both classes, including weekends and holidays.
- FAP recipients who do not attend the first day of a class for which they are registered will be automatically withdrawn and have double the cost of the class subtracted from their FAP allocation. FAP participants must contact the Recreation Division the first day of each session to report absences. If contact is not made on the first day, the FAP participant will be withdrawn.
- FAP is good for one year (September 1 through August 31) and does not apply to Golf, Tennis, Lap Swims and Special Events.

## Perfect Gathering Places for Socializing, Learning & your Special Event

Planning a special social or business event? Mountain View has the locations you'll want to see! For information or to schedule a tour, please call the Recreation Division Facility Rental Office at (650) 903-6407 or visit www.mountainview.gov.



**Adobe Building** 

The Historic Adobe Building's large hall and adjacent garden offer an intimate gathering place for a variety of events of up to 100 people.



### **Community Center**

Set in the midst of Rengstorff Park, the versatile Community Center offers a selection of meeting rooms perfect for events for 25-200 people.



Senior Center - Social Hall

Experience the stunning architecture of Mountain View's Senior Center with its banquet hall seating 200, full catering kitchen and beautiful patio.

### **General Use Notification**

Groups of 50 or more people wishing to use any City park (with the exception of BBQ reservations) must apply for a General Use Notification.

Applications must be submitted at least 2 weeks prior to your event date, and require a 5 business day approval process (starting July 1st, 2010 a \$62 fee will be charged). For more information on obtaining a General Use Notification, please call (650) 903-6442.



### **BBQ Reservations!**

Beginning October 1st reservations for the 2010 season can be made by appointment only. Please call (650) 903-6407 to set up a time. All reservations must be made two business days prior to your event. For more information on the BBQ areas or to download an applications please visit the City's website at www.mountainview.gov.



Picnic areas at Cuesta & Rengstorff Park



### **Accessible Programs & Facilities**

25. Chetwood Park

26. Magnolia Park

28. Huff School/Park

29. Mercy - Bush Park

32. Sierra Vista Park

30. Slater School/Park

31. Springer School/Park

27. Dog Park

8. Klein Park

10. Eagle Park/Pool

11. Pioneer Park

13. Fairmont Park

17. McKelvey Park

Gemello Park

14. Landels Park

15. Sylvan Park

12. Dana Park

9. Rengstorff Park/Pool

Reasonable accommodations in facilities, policies, procedures and/or practices will be made, if necessary, to ensure full and equal access and enjoyment of all programs and activities for individuals with a disability in accordance with the Americans with Disabilities Act (ADA). Individuals with disabilities should contact the Recreation Division at (650) 903-6331 to discuss meeting accessibility.

A. Shoreline At Mountain View

B. Whisman Sports Center at

D. Mountain View Community

Center/Recreation Division

E. Mountain View Senior Center

C. Parks Division Office

Crittenden Middle School

F. Mountain View Sports Pavilion

at Graham Middle School

Center for the Performing Arts

G. Public Library, City Hall,

I. Mountain View High School

H. Deer Hollow Farm

K. Willowgate Garden

L. Historic Adobe Building

## **Facility Directory**

Adobe Building 157 Moffett Boulevard903-9050
Community Center (CC)
201 S. Rengstorff Avenue903-6331

Room 1

Room 2

Room 3

Auditorium

Lower Social Hall **Cuesta Tennis Center** 

685 Cuesta Drive......967-5955 **Deer Hollow Farm** Rancho San Antonio County Park......903-6430

**Eagle Park Pool** 650 Franklin Street......903-6413

**Enkuban Dojo** 209 West Evelyn Avenue......966-1447

Mountain View Sports Pavilion (MVSP),

**Graham Athletic Complex,** & Graham Middle School 1185 Castro Street......903-6819

**Palo Alto Bowl** 4329 El Camino Real

Palo Alto......948-1031 Peninsula Youth Theater (PYT)

2500 Old Middlefield Way......988-8798

**Rengstorff Park Pool** 

201 S. Rengstorff Avenue......903-6414

**Senior Center** 

266 Escuela Avenue......903-6330

**Shoreline At Mountain View** 2600 N. Shoreline Boulevard

Administration ......903-6392 Amphitheatre Box Office.....967-4040

Golf Links......903-4653 Sailing Lake......965-7474

The House Teen Center 298 Escuela Avenue......903-9045

**Tiger Martial Arts** 

1111 W. El Camino Real #117

Sunnyvale .....(408) 730-2534 **Twisters Gymnastics** 

2639 Terminal Boulevard......967-5581

Whisman Sports Center (WSC) &

**Crittenden Park** 

1500 Middlefield Road......903-9040

Winter Lodge

3009 Middlefield Road Palo Alto......493-4566

Young Chefs Academy (YCA)

1336 S. Mary Avenue Sunnyvale .....(408) 738-2433



## santa visits

Santa is ready to make his yearly visits to Mountain View residents on Tuesday, December 7 and Wednesday, December 8. Santa will spend 15 minutes in your home visiting children and spreading holiday cheer! The cost for this program is \$30, and all visits will be made between 6:00 p.m. and 9:00 p.m. Beginning Thursday, November 18 at 8:30 a.m., Mountain View residents can sign up for a visit at the Community Center located at 201 South Rengstorff Avenue.

Santa will only have time to visit Mountain View residents (please review accepted proofs of residencies on page 16). The individual who owns the home where the visit will take place must be the person to register. To allow Santa enough time to spend with everyone, parties must be limited to a maximum of 8 children. Please bring the name and age of each child to register. No adult parties, please. Due to the amount of people who may be registering, please allow for time during the registration process.

## Write a Letter to Santal





This holiday season, all children who are residents of Mountain View, can put together their wish lists and send them to Santa! The City of Mountain View Youth Advisory Committee will assist Santa Claus by writing a personal and appropriate response to your child's letter. Don't forget your return address so Santa can respond! Sending a letter is free and is restricted to Mountain View residents only. There are two easy ways for Santa to receive letters:

- 1. Drop your child's letter in Santa's mailbox located in the Mountain View Community Center's main office between the hours of 8:30 a.m. - 5:00 p.m. Or...
- Mail the letter to: Santa Claus

201 South Rengstorff Avenue Mountain View, CA 94039

All letters must be postmarked by Wednesday, December 8. Responses will be mailed by Wednesday, December 15.

## preschool

### little elves workshop

Santa's not the only one who's busy this holiday season! While the grown ups are braving the hustle and bustle of the department stores, the little one's will be hard at work decorating gingerbread cookies, and hand crafting ornaments for their nearest and dearest. Instructor: Miss Mary.

Location: Community Center - Room 1

Ages 3-6 **Resident/Non-Resident** 15367 Tu 9:30AM - 12:00PM 12/21 **R\$25**/NR\$32

### turkey tot time

While mom or dad take some time to shop for the turkey, kids will be busy making Thanksgiving decorations. Instructor: Recreation Staff.

Location: Community Center - Room 1

**Resident/Non-Resident** Ages 3-6 10:00AM - 12:00PM **R\$20**/NR\$25 15258 Sa 11/20



## 

Bounce, run and explore in a safe and fun environment! Children will explore basic gymnastics, play games and make art projects while supervised by enthusiastic and responsible coaches. Children get to practice on the floor, bars, low beam, trampoline and tumble track and have a great time! Please bring a snack. Instructor: Twisters Gymnastics Staff.

### **Location:** Twisters Gymnastics

**Resident/Non-Resident** Ages 3-6 9:00AM - 12:00PM 12/27-12/30 **R\$90**/NR\$112 15264 M-Th



## youth & teen

## holiday baking mini camp **NEW!**

Join us for holiday baking fun! Young Chefs will create at least 4 holiday treats each day, sample the work, and take treats home to share! Vegetarians and special diets welcome. \$50 materials fee for cooking supplies is payable to instructor at first class. Instructor: Young Chef's Academy Staff.

### **Location:** Young Chef's Academy

Ages 5-9			Res	sident/Non-Resident
15307	M-W	9:00AM - 12:00PM	12/20-12/22	<b>R\$100</b> /NR\$125
Ages 9-13	3			
15308	M-W	1:30 - 4:30PM	12/20-12/22	<b>R\$100</b> /NR\$125

## the picture perfect plate **NEW**?

Entertain your quests by creating delicious and beautiful looking appetizers, side dishes, and desserts! Young Chefs will also learn decorating and plating techniques. Vegetarians and special diets welcome. \$50 materials fee for cooking supplies is payable to instructor at first class.

Instructor: Young Chef's Academy Staff.

### **Location: Young Chef's Academy**

Ages 5-9			Res	sident/Non-Resident
15309*	M-W	9:00AM - 12:00PM	12/27-12/29	<b>R\$100</b> /NR\$125
<b>Ages 9-1</b> 3	}			
15310*	M-W	1:30 - 4:30PM	12/27-12/29	<b>R\$100</b> /NR\$125

## winter adventure camp

Get ready to have an adventure with leaders and friends! During this three day camp, participants will engage in active games, arts and crafts, and sing songs! We will also watch holiday movies, take trips to Palo Alto Bowl and a Pottery Coloring Studio, and have a baking day! Please send a bag lunch and drink with your child each day. Snacks are provided and field trip fees are included in the cost of camp. Instructor: Recreation Staff. NO CAMP 12/23, 12/24.

**Location:** Community Center - Lower Social Hall

Ages 7-10				Res	Resident/Non-Resident	
	15343*	M-W	9:00AM - 4:00PM	12/20-12/22	<b>R\$124</b> /NR\$155	

### gymnastics camp

Discover the world of Gymnastics! Flip, twist, and bounce while learning fun and progressive skills from all of the Olympic Events! Have fun bouncing, swinging, flipping, and tumbling! Please bring water, a snack, and a bagged lunch. Instructor: Twisters Gymnastics Staff.

### **Location:** Twisters Gymnastics

Ages 6-12	2		Resident/Non-Re		
15265*	M-Th	9:00AM - 2:00PM	12/27-12/30	<b>R\$168</b> /NR\$210	

## rock climbing camp

Climbers will cover the fundamental techniques of climbing, basic motor and problem solving skills while playing games and having fun! Please wear tennis shoes and bring a lunch and a snack. Instructor: Twisters Gymnastics Staff.

### **Location:** Twisters Gymnastics

Ages 7-14			Resident/Non-Reside	
15266*	M-Th	9:00AM - 12:00PM	12/27-12/30	<b>R\$120</b> /NR\$150

"The **parks** and **programs** really improve a sense of community and friendship among the participants in a day when the tendency is toward independent and isolated activities." - Parent



<sup>\*</sup> Registration must be received no later than December 23 at 5:00p.m.

### dance

### dancing together

Give your child the beginning elements of dance in a fun and creative learning environment! With the help of a parent or caretaker, we will use scarves, teddy bears, wands and other props while dancing. Your child will love the listening and moving activities that will get you both dancing around hand-in-hand! All students will receive a Dance Force T-Shirt too! *Parent/Caretaker participation required*. Instructor: Dance Force Staff. **NO CLASS 11/27**.

### **Location: Community Center - Room 3**

Ages 1.5-3				Resident/Non-Resident
15287	Sa	9:15 - 9:45AM	10/9-12/18	<b>R\$101</b> /NR\$126

### hip hop boogie

It's time to bounce, jump, spin and get ready to dance! Learn age-appropriate hip hop moves and combinations while building confidence, coordination and rhythm! Parents are invited to attend an in-class performance on the last day of class. All students will receive a Dance Force T-Shirt too! Instructor: Dance Force Staff.

### **Location:** Community Center - Room 3

Ages 3-6				Resident/Non-Resident
15274	М	10:55 - 11:40AM	10/4-12/6	<b>R\$119</b> /NR\$149
Ages 3-5				
15275	М	4:00 - 4:45PM	10/4-12/6	<b>R\$119</b> /NR\$149

### preschool ballet & tap

Introduce your child to ballet and tap in this exciting class! Learn ballet steps, tap combinations, and understand dance terminology, while dancing to fun music! Parents will be invited to attend an in-class performance on the last day of class. All students will receive a Dance Force T-Shirt too! *Tap shoes are required*.

Instructor: Dance Force Staff.

### **Location:** Community Center - Room 3

4	Ages 3-6				Resident/Non-Resident
	15280	Th	2:55 - 3:40PM	10/7-12/16	<b>R\$119</b> /NR\$149
	15281	Sa	11:15AM - 12:00PM	10/9-12/18	<b>R\$119</b> /NR\$149

### princess pre-ballet

Calling all Princesses! Come join this magical class as we introduce your child to ballet and creative movement. Your child will learn individual steps, across the floor movement, and dance combinations. We will use fun props while dancing to your favorite princess music! All students will receive a Dance Force T-Shirt too! Instructor: Dance Force Staff. **NO CLASS 11/27.** 

### **Location:** Community Center - Room 3

Ages 3-5	5			Resident/Non-Resident
15267	M	9:30 - 10:15AM	10/4-12/6	<b>R\$119</b> /NR\$149
15268	W	4:50 - 5:35PM	10/6-12/8	<b>R\$119</b> /NR\$149
15269	Sa	9:50 - 10:35AM	10/9-12/18	<b>R\$119</b> /NR\$149

### tiny tots ballet

Magic Wands, Teddy Bears, and Tutus! Your child will love this action-packed class! Students will be introduced to ballet, creative movement, and dance terminology while playing with fun props! All students will receive a Dance Force T-Shirt too! Instructor: Dance Force Staff. **NO CLASS 11/11, 11/25, 11/27.** 

### **Location: Community Center - Room 3**

Ages 2-3			Resident/Non-Resident	
15271	М	10:20 - 10:50AM	10/4-12/6	<b>R\$101</b> /NR\$126
15272	Th	5:10 - 5:40PM	10/7-12/16	<b>R\$101</b> /NR\$126
15273	Sa	10:40 - 11:10AM	10/9-12/18	<b>R\$101</b> /NR\$126

## tumble time **NEW!**

It's Tumble Time! Discover basic tumbling like somersaults, jumps, bear walks, leap frogs, and bridges. We will do fun movement games and dances to help promote balance, rhythm, and body control. Let's practice taking turns, performing in front of each other, working with partners, sing songs, dance with props, and more! All students will receive a Dance Force T-Shirt too! Instructor: Dance Force Staff. **NO CLASS 11/11, 11/25.** 

### **Location:** Community Center - Room 3

Ages 2.5-4		•	Resident/Non-Reside		
	15285	Th	3:45 - 4:15PM	10/7-12/16	<b>R\$92</b> /NR\$115

Classes Full

Waitlists are Available



## preschool

### preschool classes

Priority registration has been taken for the Fall session of 2010-2011 school year. The preschool classes are currently full. For more information about the registration process and/or to place your child on the waitlist, please visit or call the Community Center during regular business hours.

### **Registration Requirements:**

Correct age verification must be submitted by providing: 1) A photocopy of the child's birth certificate.
 2) A photocopy of the child's current immunization card.
 3) Children must be able to use the bathroom independently.

This creative play-based preschool program has been designed to meet the developmental needs of the "whole child." The curriculum centers on the vital social opportunities children need in order to grow emotionally, cognitively, and kinesthetically. Children are provided the opportunity to learn at their own pace with a curriculum that includes daily art and circle time activities, singing, dancing, and storytelling.

NO CLASS 9/6, 11/11, 11/25, 11/26.

Class Location: All classes held at the Community Center - Room 1

## indor-prop

Kinder-Prep has been designed with the older preschool-aged child in mind. Students will be engaged in letter and number recognition activities as well as beginner's level writing, reading, and science opportunities in an environment that honors student's developmental stages as well as personal milestones.

# Age: Only participants born prior to June 1, 2006 Resident/Non-Resident 14352 M/W/F 1:00 - 3:30PM 8/30-10/29 R\$455/NR\$467.50 14353 M/W/F 1:00 - 3:30PM 11/1-12/10 R\$280/NR\$292.50

### preschool playschool **2**

The PlaySchool class builds on the foundation developed in the Tot Time class. Students are encouraged to develop the social, emotional, kinesthetic, and cognitive skills that will serve them through the kindergarten and elementary years. The curriculum is play-based and experiential and includes singing, dancing, storytelling, cooperative crafts, and hands-on science activities. Students will be empowered to 'find out for yourself.'

Age: Only p	articipants born	Resident/Non-Resident		
14354	M/W/F	9:15 - 11:45AM	8/30-10/29	<b>R\$455</b> /NR\$467.50
14355	M/W/F	9:15 - 11:45AM	11/1-12/10	<b>R\$280</b> /NR\$292.50

### preschool tot time 🧳

This social, play-based preschool class allows the young preschooler the opportunity to develop social and emotional fortitude skills in a stimulating and nurturing classroom environment. The curriculum includes daily art and circle activities, singing, dancing, storytelling, and fingerplays.

1	Age: Only p	articipants born	between December 3, 200	6 & December 2, 2007	Resident/Non-Resident
	14356	Tu/Th	9:15 - 11:45AM	8/31-10/28	<b>R\$315</b> /NR\$327.50
	14357	Tu/Th	9:15 - 11:45AM	11/2-12/9	<b>R\$175</b> /NR\$187.50

### big chef, little chef!

Learn to cook delicious and simple recipes with Mom. Dad. Grandma or Grandpa! This class incorporates monthly-themed recipes, age-appropriate culinary skills, basic nutrition, story time and circle time. At the end of each class, everyone gets to eat what they cooked! \$70 materials fee for cooking supplies is payable to instructor at first class. Instructor: Young Chef's Academy Staff.

NO CLASS 11/23, 11/27.

**Location:** Young Chef's Academy

Ages 2.5	-4.5		Res	sident/Non-Resident
15303	Tu	10:30 - 11:30AM	10/5-12/14	<b>R\$140</b> /NR\$175
Ages 2.5-6			Res	sident/Non-Resident
15304	Sa	9:00 - 10:00AM	10/9-12/18	<b>R\$140</b> /NR\$175

### kinder chefs

Cook up your very own fun with recipes geared for Pre-K and Kindergarten students! Each class students will make two recipes, eat what they've made, read a story and play a cooking-related game. \$80 materials fee for cooking supplies is payable to instructor at first class.

Instructor: Young Chef's Academy Staff. NO CLASS 11/25.

**Location: Young Chef's Academy** 

Ages 4.5	-6.5		Res	sident/Non-Resident
15305	Th	4:00 - 5:30PM	10/7-12/16	<b>R\$160</b> /NR\$200

## immersion tot & parent circus adventure NEW!

Come join us for a season of fun and engaging circus adventure in a fullimmersion setting! Students will be engaged in active play, story time, group activities, music, and dance! No previous exposure to the language necessary. Class requires adult or caregiver participation. Instructor: i-Immersion Staff. NO CLASS 11/11, 11/25.

**Location:** Community Center - Room 2

Mandarin - Ages 1.5-2.5			Resident/Non-Resident		
15351	Th	11:00 - 11:45AM	10/7-12/16	<b>R\$169</b> /NR\$211	
Spanish - Ages 1.5-2.5					
15350	M	11:00 - 11:45AM	10/11-12/13	<b>R\$188</b> /NR\$235	

## immersion preschool circus adventure **NEW!**

Come join us for a season of fun and engaging circus adventure in a fullimmersion setting! Students will be engaged in active play, story time, group activities, music, and dance! No previous exposure to the language necessary. CDs, flashcards, and storybooks are available for purchase from instructor. Instructor: i-Immersion Staff. NO CLASS 11/11, 11/25.

**Location: Community Center - Room 3** 

Mandarin - Ages 3-5			Resident/Non-Resident		
15353	Th	1:30 - 2:15PM	10/7-12/16	<b>R\$169</b> /NR\$211	
Spanish	- Ages	3-5			

### music together

Discover the world of music with your child! Sing songs from many cultures, chant, clap, dance and play with percussion instruments. Through guided musical play, children learn to imitate tonal patterns and rhythms, and parents discover how best to encourage musical development based on their own child's learning style. \$40 materials fee for CD's, songbook and parents' education guide payable to instructor at first class. Instructor: Music Together Staff. NO CLASS 11/10.

### **Location:** Community Center - Room 3

1	Ages 1-4	,		Res	ident/Non-Resident
	15301	W	10:00 - 10:45AM	10/6-12/15	<b>R\$150</b> /NR\$187
	15302	W	11:00 - 11:45AM	10/6-12/15	<b>R\$150</b> /NR\$187

### musical reading theater

Welcome to a Musical Reading Theater Adventure! Explore the world of creativity through acting out stories and songs, playing instruments and dressing up in costumes! Stimulate your child's cognitive thinking and enhance their creativity and self-esteem while teaching them 'The Arts' in a fun, innovative way. Parents are welcome to stay for the class and participate with your child.

Location: Community Center - Room 1

Ages 3-5	1			Resident/Non-Resident
15356	Sa	10:00 - 11:00AM	10/2-11/3	<b>R\$65/</b> NR\$81

Instructor: Susan Jerome, Recreation Staff. NO CLASS 10/9.

### story stretchers

Designed for the creative preschooler, this class brings familiar stories to life using music, movement and games. Children will get to become their favorite characters and create plays of their own. This is a fun way for beginners to experience the joy of theater. Instructor: Peninsula Youth Theatre Staff. NO CLASS 11/25.

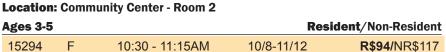
### **Location: Peninsula Youth Theatre**

Ages 3.5-	5		Resident/Non-Resident	
15292	Th	3:00 - 3:45PM	9/30-12/9	<b>R\$122</b> /NR\$152

### **NEW!** earthworks!

Discover the earth in this series of workshops! Get up close and personal with worms, and take one home for your garden. Become a Jr. Paleontologist as you go on your own dinosaur dig. Play with water as you learn about floating, sinking and density, and experiment with bubbles and different bubble makers!

Instructor: Mad Science of the Bay Area Staff.



sports & fitness

### walking wonders

Help your child develop muscle coordination, body control, and social interaction in an educational environment! This class is designed for children, walking to 3 years, emphasizing fine and gross motor development. Twisters instructors will carefully construct an age appropriate class. Parent participation required. Instructor: Twisters Gymnastics Staff. NO CLASS 11/24, 11/26.

### **Location:** Twisters Gymnastics

Ages 1.5	-3		Res	sident/Non-Resident
15259	W	10:45 - 11:25AM	9/22-12/15	<b>R\$108</b> /NR\$135
15260	F	9:45 - 10:25AM	9/24-12/17	<b>R\$108</b> /NR\$135

### preschool players

Improve listening skills and focus on strength and coordination for your preschooler. Participants will safely learn to climb, jump, swing, and roll on all introductory gymnastics equipment. Instructor: Twisters Gymnastics Staff. NO CLASS 11/11, 11/25.

## **Location:** Twisters Gymnastics

Ages 3-4			Res	ident/Non-Resident
15261	Th	10:30 - 11:15AM	9/23-12/16	<b>R\$108</b> /NR\$135

## moms gym

This P.E.-style class encouranges adults and kids to play together while using age-appropriate games and modified sports that introduce children to exercise while everyone gets a workout. Great for your child's early stages of development. Come to class dressed to work out, with a mat and water. Cost of the class covers up to two kids and one adult. Instructor: Moms' Gym Staff. NO CLASS 10/11, 11/1.

### **Location: Community Center - Auditorium**

Ages 1.5	-4		Resid	dent/Non-Resident
15311	М	10:00 - 10:50AM	10/4-11/15	<b>R\$63</b> /NR\$79
15312	M	10:00 - 10:50AM	11/22-12/20	<b>R\$63</b> /NR\$79

### cartwheel kinders

Cartwheel Kinders further enhances physical, mental, and social development. Participants are introduced to basic gymnastics terminology, positions, and skills. Participants are carefully spotted until they can complete the skill successfully. Instructor: Twisters Gymnastics Staff. NO CLASS 11/23.

### **Location:** Twisters Gymnastics

Ages 4-5				<b>Resident</b> /Non-Resident
15262	Tu	12:15 - 12:55PM	9/21-12/14	<b>R\$108</b> /NR\$135

### karate for fitness

Students will be introduced to the basic fundamentals of Karate techniques and participate in fun and educational drills designed to build self-confidence and develop coordination, physical endurance, strength and discipline. Basic forms (Kihon Kata) and (Kumite Sparring), terminology and etiquette will also be covered. A uniform fee of \$45 is due to the instructor by the second class meeting (new students only). NO CLASS 11/26. Instructor: Tiger Martial Arts Staff.

### **Location: Tiger Martial Arts**

Ages 4-6			Re	sident/Non-Resident
15318	F	3:30 - 4:00PM	10/29-12/17	<b>R\$90/</b> NR\$102.50

"Parks and Rec make my life better because they provide fun, safe play structures and classes for my children to **enjoy** at a cost that is affordable. Parks and Rec keeps my kids **learning** and **happy**!" - Parent



### kidz love soccer - mommy/daddy & me

sports & fitness

You and your child will participate in our fun age appropriate activities. Your child will develop large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. Instructor: KLS Staff. NO CLASS 11/26, 11/27.

RAINOUT HOTLINE PHONE NUMBER IS (800) 871-2275.

### **Location:** Rengstorff Park Field

Ages 2-3.5			R	esident/Non-Resident
15329	F	11:30AM - 12:00PM	10/1-12/3	<b>R\$93/</b> NR\$105.50
15355	Sa	4:10 - 4:40PM	10/2-12/4	<b>R\$93</b> /NR\$105.50
15330	Sa	4:45 - 5:15PM	10/2-12/4	<b>R\$93</b> /NR\$105.50

### kidz love soccer - tot

Young children will develop large motor skills while having fun running and kicking just like the big kids! Instructor: KLS Staff. NO CLASS 11/26, 11/27. RAINOUT HOTLINE PHONE NUMBER IS (800) 871-2275.

### **Location: Rengstorff Park Field**

Ages 3.5-4			Resident/Non-Resident		
15334	F	4:45 - 5:15PM	10/1-12/3	<b>R\$93</b> /NR\$105.50	
15335	Sa	4:35 - 5:05PM	10/2-12/4	R\$93/NR\$105.50	

### kidz love soccer - pre soccer

Children will learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment. Shin Guards are required by second meeting. Instructor: KLS Staff. NO CLASS 11/26, 11/27. RAINOUT HOTLINE PHONE NUMBER IS (800) 871-2275.

### **Location:** Rengstorff Park Field

Ages 4-5				Resident/Non-Resident		
	15333	Sa	1:45 - 2:20PM	10/2-12/4	<b>R\$93/</b> NR\$105.50	
	15332	F	4:45 - 5:15PM	10/1-12/3	R\$93/NR\$105.50	





## dance

### **ballet**

Gracefully learn the fundamentals of ballet! Students will learn ballet techniques, terminology, center floor work, arm positions, practice leaps, and more! Students will also showcase what they have learned on the last day of class. All students will receive a Dance Force T-Shirt too! Instructor: Dance Force Staff.

### NO CLASS 11/11, 11/25. **Location:** Community Center - Room 3

	Location Community Conto. Room C						
Ages 5-7				Resident/Non-Resident			
	15284	Th	4:20 - 5:05PM	10/7-12/16	<b>R\$119</b> /NR\$149		
Ages 7-10							
	15283	W	5:40 - 6:25PM	10/6-12/8	<b>R\$119</b> /NR\$149		

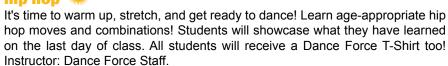
## ballet & tap || NEW!

Ready to move on to the next level? Then join Ballet and Tap 2! This class is designed for those who have taken Ballet and Tap before and are ready to move on up! You will learn new ballet and tap steps and combinations, which build on the knowledge you have learned in our Ballet and Tap class. All dancers will do an in-class performance on the last day of class. All students will receive a Dance Force T-Shirt too! Tap shoes required. Instructor: Dance Force Staff.

### **Location: Community Center - Room 3**

Ages 4-7yrs				Resident/Non-Resident
15282	W	4:00 - 4:45PM	10/6-12/8	<b>R\$119</b> /NR\$149

### hip hop



### **Location:** Community Center - Room 3

Ages 5-8			Resident/Non-Resident		
15276	М	4:50 - 5:35PM	10/4-12/6	<b>R\$119</b> /NR\$149	
Ages 8-12					
15277	М	5:40 - 6:25PM	10/4-12/6	<b>R\$119</b> /NR\$149	



## pop star dance **NEW!**

Come be a STAR! Learn the moves from shows like High School Musical and Glee through current pop, hip hop and jazz-style moves to fun music. Make up your own choreography with the help of the instructor! Dancers will perform inclass on the last day of classes. All students will receive a Dance Force T-Shirt too! Instructor: Dance Force Staff. NO CLASS 11/11, 11/25.

### **Location:** Community Center - Room 3

Ages 7-11			R	esident/Non-Resident
15286	Th	5:45 - 6:30PM	10/7-12/16	<b>R\$108</b> /NR\$135

## super star evening workshop **NEW**?

It's time to shine! Come be a Super Star and learn hot new dance moves like the ones you see in High School Musical and Glee! You will learn hip hop and jazz moves and dance instructors will help you create your 'own' choreography! To make things more glamorous, we will use fun props. Please bring a bag dinner and drink. Parents, go out and enjoy dinner or a movie but don't forget to bring your cameras and come the last 5 minutes of the workshop for a special performance! Instructor: Dance Force Staff.

### **Location: Community Center - Room 3**

Ages 5-	10			Resident/Non-Resident
15289	F	5:30 - 8:00PM	11/5	<b>R\$36/</b> NR\$45

## beginning belly dancing **NEW?**

Learn the beauty of the Middle Eastern Art of Belly Dancing! You will learn hip drops, hip circles, figure eights, shimmies and the Egyptian Walk utilizing muscle groups in the abdomen, trunk, spine and neck. Improves posture and flexibility! Instructor: Marzieh Gachipour.

### **Location: Community Center - Room 3**

Ages 15+				Resident/Non-Resident		
	15300	М	6:45 - 7:45PM	10/4-12/13	<b>R\$120</b> /NR\$150	



### mommy and me belly dancing $\P$

Do you want to have fun, make new friends and learn the beautiful art of Middle Eastern Dance? Learn the art of body awareness, technique and muscle flexibility! Just bring your bare feet and wear comfortable clothing. Instructor: Marzieh Gachipour.

Ages 4-1	4		Re	Resident/Non-Resident	
15299	W	6:45 - 7:45PM	10/6-12/15	<b>R\$140</b> /NR\$175	

## special interest

### gotta sing, gotta dance

Calling all Broadway Stars! Learn the basics of singing and dancing for musical theater! Develop your skills on how to sell a song through voice and movement, and have a lot of fun while doing it! Instructor: Peninsula Youth Theatre Staff. NO CLASS 11/22.

### **Location:** Peninsula Youth Theatre

Ages 6-8			Residen	
15290	М	4:00 - 4:45PM	9/27-12/6	<b>R\$122</b> /NR\$152

## broadway scene study **NEW**?

Work on scenes from famous Broadway plays in this exciting class. Learn more about various acting techniques and styles that professional actors use to find their character. Instructor: Peninsula Youth Theatre Staff. NO CLASS 11/22.

### **Location:** Peninsula Youth Theatre

Ages 10-	14		Resident/Non-Resident	
15291	М	6:30 - 7:30PM	9/27-12/6	<b>R\$172</b> /NR\$215

## special interest

### young chefs!

15354

Calling all budding Chefs! Learn to cook recipes based on a different theme each week. Principles of kitchen safety, proper food handling, basic cooking and baking techniques, food presentation, table setting and table manners will be included. \$90 materials fee for cooking supplies is payable to instructor at first class. Instructor: Young Chef's Academy Staff. NO CLASS 11/24.

**Location: Young Chef's Academy** 

Ages 7-11 Resident/Non-Resident 15306 4:00 - 5:30PM 10/6-12/15 R\$180/NR\$225

### NEW! spanish immersion elementary circus adventure

Come join us for a season of fun and engaging circus adventure in a full-immersion setting! Students will gain basic verbal and conversational skills while engaging in active play, story time, group activities, music and dance. Literacy may be introduced to advance-level students. No previous exposure to the language necessary. Instructor: i-Immersion Staff.

3:30 - 4:15PM

**Location: Community Center - Lower Social Hall** Ages 5-9 **Resident/Non-Resident** 

## Saturday Night-Palooza

10/11-12/13

Join us for an extravaganza at Saturday Night-Palooza! Kids can join in on the Saturday Night fun where we will watch movies and make crafts based on a theme, eat dinner, and play some amazing games! This is also the perfect time for parents to schedule a night out alone, while the kids have a blast at Saturday Night-Palooza! Pizza and a drink will be served for dinner, and participants are welcome to bring a blanket and a pillow for when we show the movies. Instructor: Recreation Staff.

**Location: Mountain View Sports Pavilion** 

Ages 6-11



Saturday, November 13, 2010 5:00 p.m. to 9:30 p.m. \$30 R/\$37 NR Class# 15369



**R\$188/NR\$235** 



Saturday, December 11, 2010 5:00 p.m. to 9:30 p.m. \$30 R/\$37 NR Class# 15370



### **Coming Soon...**

**Driver's Education Class for Teens** February 22 - 25, 2011 More information will be available in the Winter/Spring Activity Guide

### check mate!

Chess teaches critical and abstract thinking, planning, logic and patience. Learn the game of chess while beginning to develop and use life skills that will help you now and in the future! Students will spend half the class learning and the other half practicing their skills in tournament-style games.

Instructor: US Chessmates Staff.

**Location:** Community Center - Room 2

**Ages 5-14 Resident/Non-Resident** 4:00 - 5:00PM 15295 Tu 10/5-12/21 R\$144/NR\$180

## crazy chemworks! **NEW!**

Hop on board the chemistry express for this high-speed series of classes where we will explore and learn about what happens in the lab! Snap on some safety goggles to study split second reactions, learn about glow-in-the-dark technology and spend adhesive hour learning about things that cling. This whirlwind series will take your breath away! Instructor: Mad Science of the Bay Area Staff.

**Location:** Community Center - Room 2

Ages 5-12 Resident/Non-Resident 10/4-11/22 15293 3:45 - 4:45PM **R\$124**/NR\$155

## college road trip **NEW**?

Looking at Colleges right now and wondering where to go? If so, join us on a College Road Trip this Fall! We will be touring UC Santa Cruz and San Jose State University campuses, with lunch on campus at UC Santa Cruz! This is a great opportunity to explore your options! Lunch is included, students are encouraged to bring water and a snack. Instructor: Recreation Staff.

**Location:** Community Center - Lobby

**Ages 14-18 Resident/Non-Resident** 9:00AM - 4:00PM 15359 11/12 **R\$48**/NR\$60

### cpr and first aid training (�)

This fun, interactive class will involve games and roles so you will be able to recall the steps to CPR and how to care for various First Aid injuries. Upon completion of the course, you will be familiar with the primary skills in rescue breathing, CPR, shock, bleeding and foreign body obstruction (choking). Students will receive a 2-year certification for infant, child and adult CPR and first aid upon completing the course. Instructor: ICE Safety Solutions Staff.

**Location:** Community Center - Room 2

Resident/Non-Resident		Ages 12+				
<b>R\$79</b> /NR\$99	10/16	8:30AM - 3:30PM	Sa	15360		
<b>R\$79</b> /NR\$99	11/13	8:30AM - 3:30PM	Sa	15361		

### online driver education course

Getting ready to get your permit? Well, learn the rules of the road! This Online Driver Education Course is approved by the California Department of Motor Vehicles. Reading, Flash Graphics, Videos, and Quizzes will prepare the student to pass the written DMV test. The course is easy to use; you simply log into the Economic Driving School website, enroll, and you can begin immediately. For more information about the course and to register, please go to: http://www.economicdrivingschool.com/online.

When registering, make sure you complete the question that says "How did you hear about us?" by choosing "Activity Guide" and enter code: 6331.

Cost for Online Driver Education Course: \$68.50

## sports & fitness

## gymnastics for girls 🐿

This Gymnastics program is designed for comprehensive body development and basic gymnastic skills. The class will cover balance, coordination, ability, body strength, fine and gross motor skills. Equipment used includes mini-trampoline, mats, balance beams, bars, etc. Instructor: Twisters Gymnastics Staff. NO CLASS 11/23.

**Location:** Twisters Gymnastics

Ages 6-12 **Resident/Non-Resident** 15263 Tu 5:00 - 5:55PM 9/21-12/14 R\$120/NR\$150

## beginning ice skating **NEW!**

Beginning ice skating classes teach basic skills in a fun, encouraging environment. This class is for students who need to hold onto the railing or have never skated before. Rental skates, practice time on lesson day and two extra free practice passes are included. Please wear gloves and warm clothes. Instructor: Winter Lodge Staff.

### **Location:** Winter Lodge

Ages 5-6 **Resident/Non-Resident** 15296 Tu 3:00 - 3:30PM 10/5-11/16 **R\$126**/NR\$157 **Ages 7-8** Resident/Non-Resident 10/5-11/16 **R\$126/NR**\$157 15297 Tu 3:30 - 4:00PM

## teen ice skating **NEW**?

Beginning ice skating classes for teens teach basic skills in a fun, encouraging environment. This class is for students who need to hold onto the railing or have never skated before. Rental skates, practice time on lesson day and two extra free practice passes are included. Please wear gloves and warm clothes. Instructor: Winter Lodge Staff.

### **Location:** Winter Lodge

Ages 11-16 **Resident/Non-Resident** 10/4-11/15 R\$126/NR\$157 15298 M 5:00 - 5:30PM



Ticket Sales begin 2 weeks before each dance \$3 in advance for each dance = VIP card \$5 at the door

Or \$10 for all four Club 201 Dances!

Tickets and VIP Cards can be purchased during select lunch visits at Crittenden and Graham Middle Schools, the Mountain View Community Center, or at The House. For more information on CLUB 201 Dances, please call the Recreation Office at (650) 903-6331.

Now do Parks Make Your Life

### Shoe rental is included in the registration cost. Instructor: Palo Alto Bowl Staff. **Location:** Palo Alto Bowl

sports & fitness

Ages 6-1	2		Resident/Non-Resident	
15357	Tu	3:30 - 5:00PM	10/5-11/2	<b>R\$50</b> /NR\$62
15358	Th	3:30 - 5:00PM	10/7-11/4	<b>R\$50</b> /NR\$62

Meet new friends and learn how to bowl at the Strike Zone! Students are taught

the basics of bowling, including an introduction to league play, while having fun!

Build your self-esteem while bowling STRIKES! At the completion of the 5-week

class, students will receive a new bowling ball and bag (first time students only).

### karate for fitness

Karate is a modern martial art, characterized by its powerful stances & punching techniques all necessary for a strong defense. Students will be introduced to the basic fundamentals of Karate techniques and participate in fun and educational drills designed to build self-confidence and develop coordination, physical endurance, strength and discipline. Basic forms (Kihon Kata) and (Kumite Sparring), terminology and etiquette will also be covered. You don't want to miss out on this fun & exciting program! A uniform fee of \$45 is due to the instructor by the second class meeting (new students only).

Instructor: Tiger Martial Arts Staff.

### **Location: Tiger Martial Arts**

Ages 7-13	3	R	esident/Non-Resident	
15319	F	4:15 - 5:00PM	10/29-12/17	<b>R\$90</b> /NR\$102.50
15320	Sa	9:15 - 10:00AM	10/30-12/18	<b>R\$90</b> /NR\$102.50
15316	M	3:30 - 4:15PM	11/1-12/13	<b>R\$90</b> /NR\$102.50
15317	W	3:30 - 4:15PM	11/3-12/15	<b>R\$90</b> /NR\$102.50

### tae kwon do

Combine a full workout with useful self-defense skills! Tae Kwon Do is a form of Korean martial arts that concentrates on powerful blocks, kicks and punches for self-defense. The goal of training is the full development of self-confidence, strength and focus. Uniforms will be distributed to students the second week of class, and cost \$20. Instructor: Mountain View High School Tae Kwon Do Staff.

### **Location:** Whisman Sports Pavilion - Auxiliary Room

Ages 9-17				Resident/Non-Resident
15339	Tu/Th	6:00 - 7:00PM	10/5-12/16	<b>R\$50</b> /NR\$62.50





298 Escuela Avenue Monday-Thursday: 5:00 - 8:00 p.m. Friday & Saturday: 5:00 - 9:00 p.m.

Join us at The House! This FREE dropin program is available to Mountain View Middle School students and is

SUPERvised by our trained Recreation Leaders. The House offers a fun social atmosphere full of billiards, video games, homework help, board games, snacks, and crafts! Apply for a HouseMembership by picking up a Registration form from the Mountain View Community Center, The House, or online at www.mountainview.gov. Registration Forms must be returned completed by the second visit in order to attend. Activities are scheduled each day; pick up an Activity Calendar at your next House visit to see what fun is right around the corner!

For more information, please contact the Recreation Division at (650) 903-6331.

### kidz love soccer 1

Beginning players learn dribbling, passing, receiving, shooting, age-specific defense, etc. Small-sided soccer matches will be introduced gradually. Shin guards are required by second meeting. Instructor: KLS Staff.

NO CLASS 11/26, 11/27.

RAINOUT HOTLINE PHONE NUMBER IS (800) 871-2275.

### **Location:** Rengstorff Park Field

Ages 5-6				Resident/Non-Resident
15322	F	3:15 - 4:00PM	10/1-12/3	<b>R\$93/</b> NR\$105.50
15323	Sa	2:20 - 3:05PM	10/2-12/4	<b>R\$93/</b> NR\$105.50
15324	Sa	3:05 - 3:50PM	10/2-12/4	<b>R\$93/</b> NR\$105.50

### kidz love soccer

Explore the sport in an instructional and nurturing environment. Be challenged by real soccer situations and venture into the fun tactical side of scrimmaging. Players will enjoy age-appropriate soccer matches and be guided through the possibilities by a Kidz Love Soccer youth specialist. Shin guards are required by the second meeting. Instructor: KLS Staff. NO CLASS 11/26, 11/27.

RAINOUT HOTLINE PHONE NUMBER IS (800) 871-2275.

### **Location:** Rengstorff Park Field

Soccer 2	- Ages	s 7-8		Resident / Non-Resident			
15325	F	4:00 - 4:45PM	10/1-12/3	<b>R\$93</b> /NR\$105.50			
15326	Sa	3:50 - 4:35PM	10/2-12/4	<b>R\$93/</b> NR\$105.50			
Soccer 3 - Ages 9-10							
15327	F	4:00 - 4:45PM	10/1-12/3	<b>R\$93</b> /NR\$105.50			

### aikido

Are you looking for a class to help improve focus and build self-confidence, trust and strength? Try Aikido! Aikido is a form of Japanese Martial Arts that harmonizes energy through non-competitive training with partners, not opponents. You will safely study rolls, throws, pins and fluid movements. Come 15 minutes early, and wear loose-fitting clothing (no blue jeans). Uniforms available later for purchase. Instructor: Western Aikido Yoshokai Staff.

### Location: Enkuban Dojo

<b>Ages 7-1</b>	3	Resident/Non-Resident					
Beginning							
15314	F	6:15 - 7:15PM	10/1-12/3	<b>R\$41/</b> NR\$53.50			
15315	Sa	10:15 - 11:15AM	10/2-12/4	<b>R\$41</b> /NR\$53.50			
Intermediate							
15313	Sa	9:00 - 10:00AM	10/1-12/4	<b>R\$41</b> /NR\$53.50			

### **Teen Open Gym!**

Saturday Nights - FREE 6:30 p.m. to 9:30 p.m. Whisman Sports Center 1500 Middlefield Road

If you like to play basketball, volleyball, indoor soccer, ping-pong or just want to hang out with your friends, then come out to the City of



Mountain View's FREE, yes FREE, Teen Open Gym on Saturday nights from 6:30 - 9:30 p.m.! Teen Open Gym is open to all Mountain View Middle and High School Students. Bring your student ID and come ready for a pickup game or just to hang out! For more information, please call the Recreation Office at (650) 903-6331.

## aquatics

### agua-cise

Join the Aqua-cise community in a medium-paced, low-impact water aerobic conditioning class designed to improve cardiovascular fitness as well as tone muscles and increase flexibility. No swimming skills necessary. NO CLASS 11/26.

## Locations Eagle Bark Book

Ages 18+					Resident/Non-Resident	Sr. Resident/Sr. Non-Resident
	15344	M/W/F	12:00 - 12:55PM	10/1-10/29	<b>R\$54</b> /NR\$68	<b>SR\$24</b> /SN\$36
	15345	M/W/F	12:00 - 12:55PM	11/1-12/15	R\$85 50/NR\$107	<b>SR\$38/</b> SN\$57

### aquatic fitness

Join the exhilaration and fun of a total exercise program! No swimming skills required. Exercises are designed to develop muscle tone, strength, and flexibility as the body moves against the resistance of the water. NO CLASS 11/26.

### **Location:** Eagle Park Pool

Ages 18	+		Re	sident/Non-Resident	Sr. Resident/Sr. Non-Resident	
15346	M/W/F	8:05 - 9:00AM	10/1-10/29	<b>R\$54/</b> NR\$68	<b>SR\$26</b> /SN\$39	
15347	M/M/E	8:05 - 9:00AM	11/1_12/15	<b>R\$85 50/</b> NR\$107	<b>SR\$38/</b> SN\$57	

### deep water exercise

Aerobic and strengthening exercises are performed in deep water with the assistance of a flotation device. Deep Water Exercise provides the benefits of aerobic exercise without the negative impact. Participants must be comfortable in deep water, but the ability to swim is not required. Flotation devices provided. NO CLASS 11/11, 11/25.

### **Location:** Eagle Park Pool

Ages 18+					Resident/Non-Resident	Sr. Resident/Sr. Non-Resident
	15348	Tu/Th	8:05 - 9:00AM	10/5-10/28	<b>R\$36</b> /NR\$46	<b>SR\$16</b> /SN\$24
	15349	Tu/Th	8:05 - 9:00AM	11/2-12/16	<b>R\$54</b> /NR\$68	<b>SR\$24</b> /SN\$36

### **ADULT LAP SWIM**

Effective September 7, 2010 - Spring 2011

Lap Swimming is a great opportunity available for adults aged 18 and up to increase their health and wellness. Schedule is subject to change due to holidays and routine pool maintenance. Please visit www.mountainview.gov for schedule updates.

Replacement cards will not be issued if lost or stolen. Mountain View Residents must provide proof of residency.

### **EAGLE POOL SCHEDULE:**

Mon-Fri 10:30AM - 1:30PM Adult - 25 Swim Pass: Resident \$87.50 / Non-Resident \$109

6:00PM - 8:00PM Senior - 25 Swim Pass: Resident \$30 / Non-Resident \$38

FEES:

Sa-Su 9:00AM - 12:00PM Day Pass: Resident \$5 / Non-Resident \$6

No Lap Swim
November 25
November 25
December 25
January 1

### Lap Swim Cards and Day Passes may be purchased at the following locations:

- Mountain View Community Center (201 South Rengstorff Avenue)
- City Hall Finance Department (500 Castro Street)
- Eagle Park Pool during Lap Swim hours only. (Please have exact change or check)
- By mail (include a self-addressed stamped envelope and proof of residency)

### **CONTACT INFORMATION**

Eagle Pool (650) 903-6413 650 Franklin Street Rengstorff Pool (650) 903-6414 201 South Rengstorff Avenue Community Center (650) 903-6331 201 South Rengstorff Avenue

### **LOS ALTOS - MOUNTAIN VIEW AQUATIC CLUB**

sanctioned by the United States Swimming, Inc., offers year-round, competitive swimming for boys and girls ages 5 to 18, novice through advanced. All practice sessions are coached by experienced, certified coaches and instructors at Eagle Pool. For more information, visit us at: <a href="https://www.lamvac.org">www.lamvac.org</a>, or call (650) 599-2213.

### **Mountain View Masters**

Mountain View Masters (MVM) is a swim program for the adult community aged 18+ of all swimming ability levels. MVM offers: coached practices; group clinics; lap swimming; local swim competitions; and fun social events year round for its team members. MVM practices are mornings, Monday through Sunday at Eagle Park Pool.

All members must register with Pacific Masters Swimming (PMS). Monthly MVM dues include access to all MVM practices and City lap swim program. Drop-in fee for PMS-registered swimmers is \$7. For more information, visit us at: www.mvm.org, or call (402) 735-1326.

## special interest

## beginning belly dancing **NEW!**

Learn the beauty of the Middle Eastern Art of Belly Dancing! You will learn hip drops, hip circles, figure eights, shimmies and the Egyptian Walk utilizing muscle groups in the abdomen, trunk, spine and neck. Improves posture and flexibility! Instructor: Marzieh Gachipour.

**Location:** Community Center - Room 3

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Ages 15+			Resi	dent/Non-Resident
15300	M	6:45 - 7:45PM	10/4-12/13	R\$120/NR\$150

## cpr and first aid training **NEW!**

This fun, interactive class will involve games and roles so you will be able to recall the steps to CPR and how to care for various First Aid injuries. Upon completion of the course, you will be familiar with the primary skills in rescue breathing, CPR, shock, bleeding and foreign body obstruction (choking). Students will receive a 2-year certification for infant, child and adult CPR and first aid upon completing the course. Instructor: ICE Safety Solutions Staff.

### **Location:** Community Center - Room 2

<b>Ages 12</b> +	•		Resident/Non-Resident	
15360	Sa	8:30AM - 3:30PM	10/16	<b>R\$79</b> /NR\$99
15361	Sa	8:30AM - 3:30PM	11/13	<b>R\$79</b> /NR\$99

## sports & fitness



# Mountain View Adult Open Gym Volleyball

Mountain View Sports Pavilion 1185 Castro Street

The Mountain View Sports Pavilion is open Sundays on a drop-in basis for volleyball from 5:00 - 7:00 p.m. Mountain View residents or employees of Mountain View businesses only. An activity pass is encouraged (\$15 for 10 visits, \$30 for 20 visits) or pay a \$3 drop-in fee per visit. Activity passes may be purchased at the Recreation Office, 201 S. Rengstorff Avenue, Monday through Friday, 8:30 a.m. - 5:00 p.m. or Sunday evenings at the Pavilion. Exact change only, please. Proof of residence is required.



### **Jazzercise Classes in Mountain View**

10% Discount for Mountain View Residents!

Whisman Sports Center, M & W, 5:45 p.m.; Sa., 8:45 a.m. Mountain View Community Center, Tu & Thu, 9:15 a.m.

Jazzercise is a 60-minute class incorporating cardio, strength, and stretch moves for a total body workout. We've taken moves from hip hop, yoga, pilates, kickboxing and resistance training and bundled them into one hour. All ages, levels, and sizes welcome. Ask for our new student special.

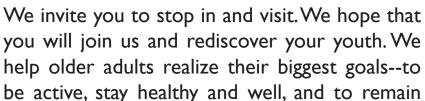
For Membership Information Call Barbara Peterson (650) 464-9758.

JAZZERCISE IS AN ON-GOING PROGRAM. REGISTER IN CLASS ANYTIME!





Welcome to the Mountain View Senior Center. We invite you to visit us and CELEBRATE LIFE! The Mountain View Senior Center has many opportunities to make your retirement years the best that they can be. Whether you like to play cards, table tennis, pool or dance, we promise we have something to invigorate your spirit and improve your health and well being. We offer many free social services such as legal assistance, health insurance counseling, tax help and much more. You can also receive free information during one of our Thursday workshops with topics ranging from managing chronic pain to intro to computers.





## Senior Advisory Committee (SAC)

Hdvisory-Committe

The Senior Advisory Committee acts in an advisory capacity to City Council on senior issues and the operations of the Mountain View Senior Center. The seven-member Committee is composed of seniors who are Mountain View residents and professional providers of senior service programs. SAC meets at the Senior Center on the 3<sup>rd</sup> Wednesday of each month from 2:00 - 4:00 p.m. with the exception of August and December. For more information, call the Senior Center at (650) 903-6330.

### **Hours of Operation**

Monday – Wednesday, 8:30 a.m. - 9:00 p.m. Thursday & Friday, 8:30 a.m. - 5:00 p.m. Saturday & Sunday by reservations only. For reservation information, please call (650) 903-6407.

## adult golf classes

The Adult Golf classes are structured with a goal in mind: playing better golf. From zero to moderate experience, the fundamentals taught will help you PLAY BETTER. Each class is four 1-hour sessions. Student/Instructor ratio is between 3:1 and 5:1, minimum of 3 students. Make up classes are available. Clubs and range balls are included. **For more information on how to register, please call (650) 903-4653.** 

### adult golf classes - level I

Level I curriculum will cover fundamentals from set-up (grip, stance, and ball position) to  $\frac{1}{2}$  swing to full swing. The mysteries of good putting will also be answered.

A1016	9/12-10/3	Su	8:30 - 9:30AM	\$108
A1017	10/10-10/31	Su	9:00 - 10:00AM	\$108

### adult golf classes - level II

Level II class curriculum is practical application in full swing lesson with drivers, bunker shots, and hilly lies. Discussion topics include: how and where to purchase the correct golf clubs, golf course etiquette, Rules of Golf, and how to play on the course and not be in the way. Graduates of Level II are invited to participate in an on-course playing lesson with the Shoreline Golf Links instructors.

A1015-L2	9/8-9/29	W	5:30 - 6:30PM	\$108
A1016-L2	9/12-10/3	Su	9:45 - 10:45AM	\$108
A1017-L2	10/10-10/31	Su	10:15 - 11:15AM	\$108

### adult full swing refresher and review - level III

This class provides an intense analysis of all elements of the full swing. It will help identify your individual swing deficiencies and offer swing improvement solutions, and training drills to help you. The four 1-hour sessions will be conducted on a full length driving range. Maximum of 8 students per class.

	•	0 0		
AFS 1013	9/9-9/30	Th	5:30 - 6:30PM	\$108
AFS 1014	9/12-10/3	Su	11:00AM - 12:00PM	\$108
AFS 1015	10/10-10/31	Su	11:30AM - 12:30PM	\$108

### adult short game golf classes - level VI

The Level VI class curriculum is an in-depth effort at improving your short game. Each session will consist of concentrated instruction in the following components of the short game: putting, chipping, pitching and bunker play. Maximum of 8 students per class.

SG 1007	9/11-10/2	Sa	1:00 - 2:00PM	\$108
SG 1008	10/9-10/30	Sa	1:00 - 2:00PM	\$108

### HOLIDAY SALE!

Friday, December 3, 2010 7:00 a.m. – 7:00 p.m.

**MOST MERCHANDISE 20% OFF.** 

Shop specials through out the pro shop.

### Practice Facilities

The course has excellent practice facilities, consisting of a short game practice area with a practice bunker, a large 16,000 sq. ft. practice putting green, a 6,000 sq. ft. practice chipping green adjacent to the pro shop, a second small putting-chipping green, and a night-lighted practice range with 29 tee stations.

The range is open at 7:00 a.m. daily with exception of Wednesday, when the range opens at 11:00 a.m. Buckets of range balls are dispensed in three sizes (large, medium and warm-up) from two automated ball-dispensing units. Based on seasons of the year, the hours of operation change. The closing time may be as late as 8:00 p.m., or as early as 6:00 p.m. Call the Pro Shop at (650) 903-4653 if you need specific closing times.



REGISTERING ADULT    First	Mail to: Shoreline Golf Lir	nks, 2940 N. Shoreline Bouleva	ard, Mounta	in View, C	A 94043 <b>Shor</b>	eline Go	If Reg	gistration Form	
PARTICIPANT'S NAME  GENDER HEIGHT 1 <sup>ST</sup> CHOICE CLASS # 2 <sup>ND</sup> CHOICE CLASS #  *Registration will be confirmed via e-mail when provided.  Unless notified, your 1 <sup>st</sup> choice is accepted.  The undersigned, in consideration of participation in this program, agrees to indemnify and hold the City of Mountain View and Shoreline Golf Links from any and all liability for any injury which may be suffered by the above-named individual(s) registered in this program arising out of or in any way connected with participation in this program. I have read the above application and agreement and fully understand that I assume all risks for any injuries received.	REGISTERING ADULT _	First			Last				
PARTICIPANT'S NAME  GENDER HEIGHT 1st CHOICE CLASS # 2ND CHOICE CLASS # *Registration will be confirmed via e-mail when provided.  Unless notified, your 1st choice is accepted.  The undersigned, in consideration of participation in this program, agrees to indemnify and hold the City of Mountain View and Shoreline Golf Links harmless and release the City of Mountain View and Shoreline Golf Links from any and all liability for any injury which may be suffered by the above-named individual(s) registered in this program arising out of or in any way connected with participation in this program. I have read the above application and agreement and fully understand that I assume all risks for any injuries received.	ADDRESS			CITY _		ZIF	P CODE_	SHORELINE	
*Registration will be confirmed via e-mail when provided.  Unless notified, your 1st choice is accepted.  The undersigned, in consideration of participation in this program, agrees to indemnify and hold the City of Mountain View and Shoreline Golf Links harmless and release the City of Mountain View and Shoreline Golf Links from any and all liability for any injury which may be suffered by the above-named individual(s) registered in this program arising out of or in any way connected with participation in this program. I have read the above application and agreement and fully understand that I assume all risks for any injuries received.	DAYTIME PHONE (	) EVE	NING PHO	NE (	))	EMAIL*			
The undersigned, in consideration of participation in this program, agrees to indemnify and hold the City of Mountain View and Shoreline Golf Links harmless and release the City of Mountain View and Shoreline Golf Links from any and all liability for any injury which may be suffered by the above-named individual(s) registered in this program arising out of or in any way connected with participation in this program. I have read the above application and agreement and fully understand that I assume all risks for any injuries received.	PARTICII	PANT'S NAME	GENDER	HEIGHT	1 <sup>ST</sup> CHOICE CLASS #	2 <sup>ND</sup> CHOICE C	LASS#		
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DADENT/DADTICIDANT SIGNATURE V	and release the City of Mo registered in this program	and release the City of Mountain View and Shoreline Golf Links from any and all liability for any injury which may be suffered by the above-named individual(s) registered in this program arising out of or in any way connected with participation in this program. I have read the above application and agreement and fully							
PARENT/PARTICIPANT SIGNATURE XBATEBATE	PARENT/PARTICIE	PARENT/PARTICIPANT SIGNATURE X DATE DATE							
MASTERCARD □ VISA□ AMERICAN EXPRESS □ Credit Card #:									
Name as it appears on Credit Card Expiration Date/	Name as it appears on Cre	edit Card			Ex	piration Date _	/	<u></u>	
Cardholder Signature X DATE	Cardholder Signature X				DATE _				

## children & adult tennis lessons

Participants must furnish their own tennis rackets and wear tennis shoes. In case of rain call (650) 967-5955 ONE HOUR prior to your scheduled start time for a court update. Rained out classes will be made up at the end of the session. A class with three or less students will be cancelled and students will be notified of other class options.

### **Junior Programs**

### tennis for toddlers (ages 2.5-3.5)

A fun introduction to movement and exercise specifically designed for you and your child to participate in a "sport of a lifetime." You and your child will run, jump, hop, twist, bend and swing while you keep your eye on the ball in this exciting new tennis class. Meet other people, have fun and find out why tennis has never been more fun or easier to play and learn. This is a parent participation class; all equipment will be provided.

### **Location:** Cuesta Park

4CJ01 F 10:00 - 1	0:30AM 9/17-11/5	R\$92/NR\$94
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### mini tennis (ages 4-6)

An introductory program for the young athlete. Fundamental ball skills, movement, and coordination exercises will be included. Using the NEW Quick Start Format - age & skill appropriate racquets, balls, & courts - and a games-based approach to learning your child will learn the proper fundamentals to enjoy the game. Learn NEW tennis drills and methods you can do with your child.

### **Location: Cuesta Park**

4CJ02	W	9:00 - 9:45AM	9/15-11/3	R\$82/NR\$92			
4CJ03	Sa	9:00 - 9:45AM	9/11-10/30	R\$82/NR\$92			
4CJ04	Su	1:00 - 1:45PM	9/12-10/31	R\$82/NR\$92			
Location: Rengstorff Park							
4RJ12	Tu	3:15 - 4:00PM	9/14-11/2	R\$82/NR\$92			
4RJ13	Th	3:15 - 4:00PM	9/16-11/4	R\$82/NR\$92			

### tennis - ralleyball 1 (ages 7-10)

Fundamental ball skills, movement, and coordination exercises will be included. Using the NEW Quick Start Format - age & skill appropriate racquets, balls, & courts - and a games-based approach to learning your child will learn the proper fundamentals to enjoy the game.

### **Location:** Cuesta Park

4CJ05	Sa	10:00 - 10:55AM	9/11-10/30	R\$82/NR\$92			
4CJ06	Su	2:00 - 2:55PM	9/12-10/31	R\$82/NR\$92			
Location: Rengstorff Park							
4RJ14	Tu	4:05 - 5:00PM	9/14-11/2	R\$82/NR\$92			
4RJ15	Th	4:05 - 5:00PM	9/16-11/4	R\$82/NR\$92			

### tennis - ralleyball 2 (ages 8-11)

Must have previous Ralleyball experience or similar experience. Not your traditional tennis lesson! This is Ralleyball...the FUN way to learn and play tennis! Using the NEW Quick Start Format - age & skill appropriate racquets, balls, & courts - and a games-based approach to learning, players will be able to rally in minutes and learn the fundamentals of the game in a team-oriented environment.

### Location: Cuesta Park

Estation Cucsta Lark							
4CJ07	Sa	11:00 - 11:55AM	9/11-10/30	R\$82/NR\$92			
4CJ08	Su	3:00 - 3:55PM	9/12-10/31	R\$82/NR\$92			
Location: Rengstorff Park							
4RJ16	Tu	5:05 - 6:00PM	9/14-11/2	R\$82/NR\$92			
4RJ17	Th	5:05 - 6:00PM	9/16-11/4	R\$82/NR\$92			

### tennis - beginning (ages 12-15)

Tennis has never been easier to play and learn. By using NEW progression tennis balls and a progressive games-based approach to learning, you will be able to learn the skills necessary to rally the ball in the first hour of the very first class.

### **Location:** Cuesta Park

4CJ09	M	5:30 - 6:30PM	9/13-11/1	R\$82/NR\$92
4CJ10	W	5:30 - 6:30PM	9/15-11/3	R\$82/NR\$92

### ralleyball camp (ages 7-14)

The Fall Ralleyball Camp is designed to be beginner-friendly and to engage young children in participating in tennis as a team sport, while having fun with their friends and learning basic skills. The camp format includes station rotations where campers will be exposed to a variety of tennis skills and fun games.

### **Location:** Cuesta Park

4C.111	M-W	9:00 - 10:30AM	12/27-12/29	R\$46/NR\$56	





## **How to Register**

On-Line Registration
Go to: www.mountainviewtennis.net

You may also register in person at:

Cuesta Tennis Center 685 Cuesta Drive, Mountain View, CA 94040 Club House: (650) 967-5955.

Make check(s) payable to "Mountain View Tennis"

For more information call (650) 967-5955.

## **Adult Programs**

### tennis - beginning (ages 16+)

Tennis has never been easier to play and learn. By using NEW progression tennis balls and a progressive games-based approach to learning, you will be able to learn the skills necessary to rally the ball in the first hour of the very first class.

### **Location: Cuesta Park**

4CA01	М	9:00 - 10:00AM	9/13-11/1	R\$89/NR\$99
4CA02	M	6:30 - 7:30PM	9/13-11/1	R\$89/NR\$99
4CA03	Tu	7:30 - 8:30PM	9/14-11/2	R\$89/NR\$99
4CA04	W	9:00 - 10:00AM	9/15-11/3	R\$89/NR\$99

### tennis - intermediate (ages 16+)

Previous tennis experience is required. The lessons are fast-paced, covering all the fundamentals in hitting, movement, and strategy. Learn how to shape the ball and improve your consistency.

### **Location:** Cuesta Park

4CA05	M	7:30 - 8:30PM	9/13-11/1	R\$89/NR\$99
4CA06	Tu	6:30 - 7:30PM	9/14-11/2	R\$89/NR\$99
4CA07	W	10:00 - 11:00AM	9/15-11/3	R\$89/NR\$99
4CA08	Th	9:00 - 10:25AM	9/16-11/4	R\$135/NR\$145

### tennis - advanced (ages 16+)

This class is for experienced players. Each lesson segment will cover different techniques and strategies to help you improve your game. Advanced players should be 3.5 level or higher.

### **Location:** Cuesta Park

4CA09	M	8:30 - 9:30PM	9/13-11/1	R\$89/NR\$99
4CA10	Tu	8:30 - 9:30PM	9/14-11/2	R\$89/NR\$99

### cardio tennis - intermediate (ages 16+)

Previous tennis experience is required. Lessons are fast-paced with footwork and movement in the forefront of the class. The goal of each lesson segment is to introduce one or more skills necessary to play tennis and one or more footwork patterns to help you move better on the tennis court. The class will keep you in the CARDIO zone (65-85% max heart rate) for the entire class.

### **Location:** Cuesta Park

	4CA11	W	7:15 - 8:15PM	9/15-11/3	R\$89/NR\$99
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### **Tennis Advisory Board**

If you have any information regarding tennis programs, facility and service that you would like to share with the Tennis Advisory Board please send them an e-mail in care of the Tennis Advisory Board to recreation@mountainview.gov.

### **Mountain View Tennis Club (MVTC)**

The Mountain View Tennis Club is open to Mountain View residents and non-residents. Membership includes tournaments, interclub matches and special events. Forms are available at the Recreation Division office and Cuesta Tennis Center.

For additional information, call (650) 964-6224.

### Día de Ohlone **Actividades Familiares para Recaudar Fondos**

Deer Hollow Farm 16 de octubre del 2010 1:00 a 4:00 pm

\$5 cobro de entrada / Niños menores de 2 años - ¡Gratis!



En este Día de Ohlone, están invitados usted y su familia a descubrir la vida cotidiana de los primeros residentes del Área de la Bahía. Habrá una gran variedad de actividades y demostraciones en el pueblo de Ohlone en Deer Hollow Farm. ¡Personas especializada enseñarán técnicas para moler maíz, perforar conchas, hacer cuerdas a mano, juegos,

pintura de cara y mucho más! Aproveche esta oportunidad para explorar la estructura subterránea para ceremonias, tejado de tule y los lugares para dormir.

Keith Gutiérrez, ex-maestro de Deer Hollow Farm, demostrará técnicas para usar el arco y flechas y métodos para prender fuego. También, artesanos David Dewey y Dick Baugh demostrarán como hacer herramientas a mano.

La organización Friends of Deer Hollow Farm organiza este acontecimiento para apoyar el programa educativo ambiental en Deer Hollow Farm. Todos los fondos que se recaben se usan para proveer becas para las clases anuales y programas educativos. Para mas información, visite el sitio de los Amigos al: www.fodhf.org.

### Agencia de Servicios de la Comunidad

204 Stierlin Road (650) 968-0836

La Agencia de Servicios de la Comunidad ofrece programas de asistencia financiera a residents de bajos ingresos y provee: asistencia financiera de renta, y de servicios públicos; un centro de alimentos y nutrición; materiales escolares; cuidado óptico y dental para niños sin seguro médico; distribución de jugetes; asistencia de medicina para niños y adultos sin seguro; asistencia financiera para Clases de Recreación.

> Horarios sin Citas miercoles 9:00 a 11:00 am y 1:30 a 3:00 pm

Horas de Citas: lunes, martes, jueves: 10:00 a 11:00 am y 1:30 a 3:00 pm viernes: 1:30 – 3:00 pm

### Comisión de Parques y Recreación

Gary Griffith (Presidente), Thida Cornes (Vicepresidente), Hugh J. Donagher III, Paul Donahue y Ed Mussman II

La Comisión de Parques y Recreación se reúne el segundo miércoles de cada mes a las 7:00 pm en el Mountain View Senior Center, 266 Escuela Avenue.

Las próximas fechas de las reuniones son: 8 de septiembre, 13 de octubre, v 10 de noviembre.

### Fiesta de Monstruos

Sábado, 30 de octubre del 2010 5:00 a 8:00 pm Community Center, 201 South Rengstorff Avenue

¡Ven a celebrar el Día de la Brujas con tu familia, amigos y vecinos en la Fiesta de Monstruos de la Ciudad de Mountain View! Presentaremos una película al aire libre apropiada para todas las edades, manualidades y refrigerios. También habrá un desfile de disfraces a las 5:30 p.m. La película comenzará a las 6:00 p.m. Todos están invitados a asistir a este acontecimiento familiar GRATIS.



### Celebración de la Iluminación del Álbol Navideño

Lunes, 6 de diciembre del 2010 5:30 a 7:30 pm Civic Center Plaza, 500 Castro Street

Ven a celebrar las festividades navideñas con tu familia y amigos en la Celebración de la Iluminación del Árbol Navideño de Mountain View.

¡Disfruta de música en vivo, refrigerios, luces y la llegada de Santa Claus! Los niños/as podrán visitarlo y tomarse una foto con él en este evento que es gratuito. También en el espíritu de las festividades, los invitamos a traer una lata de alimentos para ayudar a construir el árbol generoso (giving tree), para beneficio de la Agencia de Servicios a la Comunidad (Community Services Agency) de Mountain View.



### **Ayudandolos a Vivir Mejor** Festival del Movimiento para Vivir más Sano 2010



Septiembre 26 - 1:00 - 4:00 pm Parque Rengstorff

## **¡GRATIS PARA TODA LA COMUNIDAD!**

- Actividades para niños y personas de la tercera edad
  - Demostraciones de ejercicios
- Chequeos varios para adultos y chequeos dentales para niños
  - Inscripciones para seguros médicos

Para más información, incluyendo el itinerario de eventos, favor de visita www.movetowellness.org.

Organizado por El Camino YMCA y: City of Mountain View, Kaiser Permanente, El Camino Hospital, Lucile Packard Children's Hospital and Children's Health Initiative - Santa Clara County.

### The House (La Casa)

298 Escuela Avenue Lunes - jueves: 5:00 - 8:00 pm Viernes y sábado: 5:00 - 9:00 pm

¡Reúnete con nosotros en THE HOUSE! Este programa GRATIS esta disponible para todos los estudiantes de escuela intermedia de Mountain View y esta SUPERvisado por líderes de recreación ¡THE HOUSE ofrece un ambiente social con billares, juegos de video, juegos de mesa, refrigerios y manualidades! Llena tu solicitud para ser miembro de THE HOUSE recogiendo una forma para inscribirte en el Centro Comunitario de Mountain View o por Internet al www.mountainview.gov. Las formas para inscribirte deben estas llenas en la segunda visita que hagas para poder seguir asistiendo. ¡Hay actividades diarias, recoge un Calendario con las Actividades en tu siguiente visita a THE HOUSE para que veas que la diversión esta a la vuelta de la esquina! Para más información, favor de comunicarte con la División de Recreación al (650) 903-6331.

### Programa de Asistencia Financiera en Clases de Recreación (FAP)

La Ciudad de Mountain View (Alcaldía) provee a los residentes de Mountain View asistencia financiera limitada para que disfruten de las clases de recreación. Para calificar, los solicitantes deben ser residentes de Mountain View y ser evaluados por la Agencia de Servicios de la Comunidad (Community Services Agency) (Conforme a las guías de HUD del Condado de Santa Clara). La Forma de Asistencia Financiera de CSA original debe presentarse cada año en la primera clase de recreación que se inscriba. Al ser elegibles, se pueden inscribir a las clases que desean con un costo máximo de \$400 a \$800.

- Se cobrará una cuota de \$6 por cada clase que transfiera o cancele.
- Si cancela la clase con menos de 14 días del comienzo de las clases, se le rebajará el doble del costo de la clase de lo que le corresponde de FAP. No se reembolsará el costo de clases que ya haya sido utilizado para inscripción de lo que le corresponda del FAP, a menos que la Division de Recreación la
- Solicitud para transferir clases, si hay espacio, DEBEN hacerse con no menos de 7 días antes del primer día de ambas clases, incluyendo fines de semana y días festivos.
- Si las personas que reciben FAP no asisten el primer día de clase a la que están inscritas, serán suspendidos automáticamente y se les rebajará el doble del costo de la clase de lo que le corresponde del FAP. Para participantes inscritos en campamentos, deben reportar a la Oficina de Recreación su ausencia el primer día de la clases de cada sesión. Si usted no reporta la ausencia del participante, será suspendido del programa automáticamente.
- El FAP es válido por un año (septiembre 1 al 31 de agosto y no se puede usar para golf, tenis, natación (lap swim) y eventos especiales.

Horas de Oficina: Lunes - viernes 8:30 a.m. - 5:00 p.m. Servicio al Cliente: (650) 903-6331 Fax: (650) 962-1069

E-Mail: recreation@mountainview.gov Sitio en la Web: www.mountainview.gov

### **Fechas Límite de Inscripción**

PRIORIDAD PARA INSCRIBIRSE

Solo para Residentes de Mountain View

Comienza: viernes 3 de septiembre 8:30 a.m.

**INSCRIPCIÓN ABIERTA** 

Residente y No-Residentes

Comienza: lunes 13 de septiembre 8:30 a.m.

### Cómo Inscribirse



POR INTERNET

http://online.activenetwork.com/mvrecreation



CORREO\* (No envíe dinero en efectivo)
City of Mountain View Recreation
Class Registration
P.O. Box 7540
Mountain View, CA 94039-7540



FAX\*:

(650) 962-1069

**EN LA OFICINA\*:** 

Lunes a viernes 8:30 a.m. - 5:00 p.m. Centro Comunitario 201 South Rengstorff Avenue Mountain View, CA 94040

- \* Residentes de Mountain View: Un (1) comprobante de residencia debe presentarse por temporada. El la sección Información General se encuentran lo que puede usarse como comprobantes de residencia de Mountain View.
- \* No se aceptan inscripciones de varias familias o de grupos en la oficina.
- \* Por correo, fax o en la oficina serán tramitadas diariamente en el orden en el que se reciban. Se le enviará un comprobante de al tramitarlas

### **Formas de Pago**

Firma X \_\_

Visa, MasterCard, Efectivo, o Cheque (a nombre de "City of Mountain View").

Cuota por Cheque sin Fondos: \$25 por cheque.

### **Información General**

Póliza de Transferencias / Cancelaciónes / Reembolso:

- Todas las Transferencias / Cancelaciones / Reembolsos se deben hacer por escrito (Se aceptan e-mails).
- A todos las Transferencias / Cancelaciones / Reembolsos se les cobrará una cuota de \$6 por procesarlas por cada clase.
- La Solicitud para Cancelaciones / Reembolsos deben hacerse en no menos de 14 días antes del primer día de clases, incluyendo fines de semana y días festivos.
- No se aceptarán Cancelaciones / Reembolsos que se hagan en menos de 14 días antes del primer día de clases.
- Las Solicitudes de Transferencias, si hay lugar, deben hacerse en no menos de 7 días antes del primer día de ambas clases, incluyendo fines de semana y días festivos. Cuotas adicionales son resposabilidad de los participantes.

**Asistencia a Clase:** Asistencia a clase esta limitada solo a los participantes registrados. No se aceptan inscripciones en la clase. No se rebajan las cuotas si faltan a clase. No se ofrecen clases para reemplazar las clases perdidas.

Cancelación de Clases: Las clases que no tengan el mínimo cupo de alumnos se cancelarán. Se notificará a los participantes 3 días antes de que comience la clase. También se les devolverá toda la cuota de inscripción, o podrán trasferirse a otra clase si hay cupo. Los participantes serán responsables por cualquier cuota adicional.

Comprobante de Residencia en Mountain View: Los comprobantes que se aceptan son: Licencia de conducir vigente de California o Identificación, recibo de la luz, agua, teléfono, cuenta de banco o contrato de renta con membrete de la compañía. No se aceptan la licencia de conducir temporal, tarjetas de cambio de domicilio, Apartado Postal, cheques personales o cartas. El comprobante de domicilio debe tener el mismo nombre que el de la persona que se esta inscribiendo.

**Lista de Espera:** Su nombre se pondrá en la lista de espera si la primera o segunda que escogieron tiene cupo lleno.

información para

inscripciones

**Cumpleaños / Fecha de Nacimiento:** Para inscribirse los participantes deben proveer la fecha de nacimiento y su edad exacta en el primer día de clase. Es posible que se les pida comprobante de su edad.

Infracción por Mal Comportamiento: Los participantes que reciban 3 infracciones por mal comportamiento se le suspenderá del programa en el que estén participando. Se le reembolsará parte de la cuota, a reserva de lo que decida el supervisor.

**Cuota por Recoger a los Niños Tarde:** Los padres/ tutores que lleguen tarde a recoger a sus hijos de cualquier programa de recreación se les cobrarán \$6 por cada 15 minutos tarde. Todo aquel que tenga 3 infracciones por llegar tarde se les suspenderá del programa.

Las Personas que reciben FAP Vea la página 2 para mayor información.

### **INSCRIPCIONES POR INTERNET**

Para inscribirse Por Internet necesita:

- Un Número de Identificación Personal de La Familia (PIN)
- Tarjeta Visa o MasterCard

Para obtener el PIN Familiar:

- Vaya al Centro Comunitario de Mountain View, o llene la forma para solicitar su numero PIN (la forma esta disponible en www.mountainview.gov).
- Verifique los Miembros de la Familia Elegibles para Inscribirse a Clases en su Cuenta.
- Residentes de Mountain View: Traigan comprobante de Residencia.

Después de obtener su Número de PIN, vayan a:

http://online.activenetwork.com/mvrecreation ¡E Inscríbase!

## forma de inscripción para clases de recreación

padre/adulto legal - contacto principal								650) 903-6331
Nombre	Apellido						ax: (650) 962	
Domicilio	Ciudad	d		Zona Po	stal	E-mail: recreation@mountanview.gov		ountanview.gov
Tel. en Casa () Trabajo (	)	Celu	ılar (	)	E-mail			
Información de Emergencia:	Analli	ido	Parente	esco	Tel. 🛘 Ca	sa 🗆 Cell	()	
pago: □ Efectivo (no envie dinero efectivo) □ Cheque (a nombre de "City of Mountain View") □ Visa □ MasterCard   Tarjeta Numero #								
nombre del particpante - nombre y apellido	fecha de nacimiento	masculino / femenina	grado	# de clase	titulo de la clase		cuota	segunda opción de clase
							\$	
							\$	
							\$	
							\$	
							\$	
Para Inscripción por Correo: Se requiere un cheque	por clase.					Total	\$	
Mencione algún medicamento, alergia o necesidad e	special que el	personal deb	a saber:	·				
Nombre del Participante:				_				
permiso para fotografiarlos: Escribiendo mis in mi hijo/a, mascota o propiedad privada, para promoc					CUERDO que la Ciudad	de Moun	tain View use	e la fotografía de

Fecha \_\_\_\_\_ □ Padre □ Tutor Legal □ Participante

familia y asignados. He leído y estoy de acuerdo a la inscripción y a las políticas de dicho programa. Al firmar doy fe de haberlo leído y del contenido de este documento.

**liberación de responsabilidades:** Para considerar la participación en las clases o actividades que ofrece la Ciudad de Mountain View, yo, al firmar la presente estoy de acuerdo a indemnizar y no culpar a la Ciudad de Mountain View, así como desistir en presentar cargos y no hacer reclamaciones de ninguna índole, por perdidas, daños personales o muerte, así como daños a la propiedad, que pudiera suceder ahora y en el futuro, al Ayuntamiento de Mountain View, el Consejo de la Ciudad. empleados, agentes y voluntarios de culpas que puedan resultar o tenga conexión con mi participación en la clase o actividades, aún cuando los cargos sean a causa de negligencia o descuido de parte del personal o la institución mencionada. En el entendido que los accidentes o daños puedan suceder con mi participación en esta clase o actividad; y aún conociendo los riesgos, estoy de acuerdo en asumir dichos riesgos por mi, miembros de mi familia y mis asignados y desistir en presentar cargos y no hacer reclamaciones de ninguna índole a las personas o entidades mencionadas aun por negligencia o descuido, motivo por lo cual pudieran ser responsables de daños. Además tengo entendido que el Ayuntamiento de Mountain View, el Consejo de la Ciudad. empleados, agentes y voluntarios, no son responsables por los objetos personales propiedad de los participantes en la clase o actividad. En el entendido y estando de acuerdo con esta Liberación de Responsabilidades y los riesgos que esto pueda ocasionar a mi persona, miembros de mi familia o asignados en firmar libremente y sabiendo que es un compromiso legal para mí, miembros de mi

Empleado de la CD#/Depto.

## registration information

### **Registration Deadlines**

**PRIORITY REGISTRATION** 

Mountain View Residents Only

Begins: Friday, September 3, 8:30 a.m.

### **OPEN REGISTRATION**

Residents & Non-Residents

Begins: Monday, September 13, 8:30 a.m.

### **How to Register**



**ON-LINE** 

http://online.activenetwork.com/mvrecreation



MAIL\* (Please do not mail cash): City of Mountain View Recreation Class Registration P.O. Box 7540 Mountain View, CA 94039-7540



(650) 962-1069



DROP-OFF\* & WALK-IN\*:

Monday - Friday 8:30 a.m. - 5:00 p.m. **Community Center** 201 South Rengstorff Avenue Mountain View, CA 94040

- Mountain View Residents: One (1) proof of residence must be provided per season. For acceptable proofs of residence, please refer to Proof of Mountain View Residency section under General Information.
- In order to be equitable to everyone, multiple family registration forms will not be accepted during walk-in registration.
- Mail, fax & drop-off forms will be processed daily, in order of date received. A receipt will be mailed when processed.

### **Forms of Payment**

Visa, MasterCard, Cash, or Check (payable to "City of Mountain View")

Check Return Fee: \$25 fee per check returned.

### **General Information**

### **Transfer / Withdrawal / Refund Policy:**

- A written request is required for all Transfers / Withdrawals / Refunds (e-mail acceptable).
- All Transfers / Withdrawals / Refunds will be assessed a \$6 processing fee for each class.
- Withdrawal / Refund requests must be made no less than 14 calendar days before the first day of class, including weekends and holidays.
- Withdrawals / Refunds requested less than 14 calendar days before the first day of class, including weekends and holidays, will not be honored.
- Requests for Transfers, if space is available, must be made no less than 7 calendar days before the first day of both classes, including weekends and holidays. Participants are responsible for any additional fees.

**Cancellation:** Classes not meeting minimum registration levels will be cancelled. Participants will be notified approximately 3 business days before class begins and issued a full refund, or be eligible to transfer to another class if space is available. Participants transferring will be responsible for any additional fees.

Class Attendance: Attendance in class is limited to registered participants. No registrations are accepted in class. Fees are not prorated and no make-up classes are offered for missed classes.

Waitlist: Your name will be placed on a waitlist if your first or alternate class choices are full.

### **Proof of Mountain View Residency:**

Acceptable forms of proof include: Valid/Current California Driver's License or Identification, a Current Utility Bill, Bank Statement, or Rental Agreement on Property Management letterhead. Temporary California Identifications, DMV Change of Address cards, Post Office boxes, personal checks, letters, or flyers are not acceptable. The proof of residence must match the name and address on the registration form.

Monday - Friday 8:30 a.m. - 5:00 p.m. Customer Service: (650) 903-6331 Fax: (650) 962-1069 E-mail: recreation@mountainview.gov Website: www.mountainview.gov

**Business Hours** 

Birth Date/Age: To register, all participants must provide their date of birth and be the required minimum/ maximum age by the first day of class. Proof of age may be required.

Behavior Violation: Participants receiving 3 behavior violations will be removed from the specific program. A partial class refund may be granted at the discretion of the program supervisor.

Late Pick-up: Parents/guardians arriving late to pick up their child from any recreation program will be assessed a \$6 fee per 15 minutes late. Participants receiving 3 late pick-up fees, will be removed from the specific program.

### **Financial Assistance Participants (FAP):**

Refer to page 2 for FAP information and policies.

### **ONLINE REGISTRATION**

To register Online, you will need:

- A Family Personal Identification Number (PIN)
- A Visa or MasterCard

To obtain your Family PIN:

- Go to the Mountain View Community Center OR Complete a PIN & Login Request Form (the form is available at www.mountainview.gov).
- Verify Your Immediate Family Members Eligible for Class Registration on Your Account.
- Mountain View Residents: Please submit one current proof of residency.

After You Have your PIN Number, Go to:

http://online.activenetwork.com/mvrecreation and Register!

Classes with the following symbol are not available for Online Registration:



## class registration form

parent/legal adult - main contact: First Name	Last I	Last Name				Customer Service: (650) 903-6331 Fax: (650) 962-1069		
Address					E-mail: /6	E-mail: recreation@mountanview.gov		
Home Phone () Work I								
Emergency Contact:First	Last	Rela	ationship <sub>-</sub>		Phone Home Ce	II () _		
payment:				E	xpiration Date/			
participant's first and last name	birthdate	male/female	grade	class #	class name	fee	alternate class #	
						\$		
						\$		
						\$		
						\$		
						\$		
						\$		
					Total	¢		
Mail / Drop-Off Registration Forms Only: Sepa	arate checks requ	ired for each cla	ass.		Total	Ψ		

View harmless and hereby waive, release and discharge any and all claims for loss or damage, for death, personal injury, bodily injury or property damage which I may have or which hereinafter may accrue to me against the City of Mountain View, its City Council, employees, agents, and volunteers for any liability arising out of or connected in any way with my participation in this class or activity, even though that liability may arise out of negligence or carelessness on the part of the person or entities mentioned above. I understand that accidents and injuries can arise from participation in this class or activity; knowing the risks, nevertheless, I hereby agree to assume those risks on behalf of myself, my heirs and assigns and to release and to hold harmless all of the persons or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages. Further, I understand that the City of Mountain View, its City Council, employees, agents and volunteers, are not responsible

for the personal property of the participants in the class or activity. It is further understood and agreed that this waiver, release and assumption of risks has been freely entered into and is to be binding on me and

MOUNTAIN VIEW RESIDENTS: MUST PROVIDE ONE ACCEPTABLE PROOF OF RESIDENCE. INCOMPLETE REGISTRATION FORMS WILL NOT BE PROCESSED.

0:	Data		0:1
Signature X	_ Date	_ □ Parent □ Legal Guardian □ Participant	City Employee#/Dept.:

on my heirs and assigns. I have read and agree to the registration and program policies. By my signature below, I acknowledge that I have read this document and understand its contents.